



Carer's Allowance

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The rate and the test

Carer's Allowance is £86.45 a week in the 2026/27 figure this catalogue uses. You must be caring for at least 35 hours a week, and the person you care for must already get a qualifying disability benefit.

In Scotland the adult payment is Carer Support Payment, not Carer's Allowance.

Work

You can work if your earnings stay under the weekly limit and you still provide the 35 hours. The check uses £196 a week, which is the published line it was given. Confirm the current limit on GOV.UK before you cut your hours to fit it.

It can reduce another benefit

Carer's Allowance overlaps with Universal Credit and Pension Credit. The other benefit may fall when this one is paid. Do not treat £86.45 as a net gain.

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[Run the check](#)

The check is free. A written pack is £29. Nothing in this PDF is sent to a department.