



# How to fill in the PIP form

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## The claim is their form

Phone 0800 917 2222 to start, Monday to Friday, 8am to 5pm. Or write to Freepost DWP PIP 1. They then send How your disability affects you, by email link or by post. You usually have a month.

You type or write the answers on that form. There is no PDF from this site to upload. Send copies of letters if you already have them. Keep the originals.

## What the form is scoring

Daily living and mobility are separate. On the 2026/27 rates in this catalogue, daily living is £76.70 or £114.60 a week, and mobility is £30.30 or £80. Savings and wages do not change the amount.

Eight points in a part pays the standard rate. Twelve points in that same part pays the enhanced rate. A diagnosis does not set the rate. The test is what you can do safely, to an acceptable standard, as often as you need to, and in a reasonable time, on more than half of days.

## What £29 is for

The PIP page writes the words you copy into their boxes, gives you a copy to print and keep, and a diary of one real day at a time. Nothing is sent to the DWP. Scotland uses Adult Disability Payment, not this form.

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## On findbenefits.co.uk

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The check is free. A written pack is £29. Nothing in this PDF is sent to a department.